

RAP ASSIST

31-Day Devotional

Read. Apply. Proclaim.

FREE SAMPLE - Days 1-3

All Scriptures in the New Living Translation (NLT)

DEDICATION

To every soul searching for hope in moments of distress -

This devotional is dedicated to you. May God's Word meet you exactly where you are and transform you into who He created you to be.

And to the faithful servants, counselors, and prayer warriors who walk alongside those in need - your labor is not in vain.

"He heals the brokenhearted and bandages their wounds."

- Psalm 147:3 (NLT)

INTRODUCTION

Welcome to the Journey

Life brings moments of deep distress - anxiety, loneliness, grief, doubt, and fear. In those moments, God's Word is not just a comfort; it is the living, active power that transforms our hearts, renews our minds, and restores our souls.

The 31-Day R.A.P. Devotional is built on the R.A.P. framework - Read. Apply. Proclaim. - a simple yet powerful method for engaging with Scripture that moves you from passive reading to active transformation.

Over the next 31 days, you'll journey through five themes: Identity in Christ, Peace & Surrender, Purpose & Calling, Boldness & Proclamation, and The Commission. Each day includes a carefully selected NLT Scripture, a 25-word declaration to speak over your life, and a prayer of proclamation.

This is more than a devotional - it is a daily encounter with the God who sees you, knows you, and is actively working to heal and transform you.

"For the word of God is alive and powerful."

- Hebrews 4:12a (NLT)

Let's begin.

How to Use This Devotional

Each day follows the three-step R.A.P. framework:

1. Read

Begin by reading the day's Scripture passage slowly, out loud if possible. Then read the short reflection to understand the context and meaning.

2. Apply

Speak the 25-word declaration aloud over your life. This is your personal call to action - a truth distilled from Scripture that you carry into your day.

3. Proclaim

Close with the prayer of proclamation. Pray it with boldness - you are declaring God's truth, not asking permission.

After each day's content, you'll find a journal page with prompts to capture your reflections, your call-to-action, and your ACTS prayer.

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Week 1: Identity in Christ

Day 1: You Are Chosen - 1 Peter 2:9 (NLT)

Day 2: Fearfully & Wonderfully Made - Psalm 139:14 (NLT)

Day 3: A New Creation - 2 Corinthians 5:17 (NLT)

Appendices

Appendix A - Scripture Index

Appendix B - Topic & Emotional Index

WEEK 1

Identity in Christ

Knowing Who You Are

1

Identity in Christ - Day 1

You Are Chosen

Read

"But you are not like that, for you are a chosen people. You are royal priests, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for he called you out of the darkness into his wonderful light."

- 1 Peter 2:9 (NLT)

Before the foundation of the world, God chose you. Not because of your performance, your resume, or your worthiness - but because of His love. Today, let that truth settle into every part of your identity. You are not an accident. You are handpicked by the Creator of the universe.

Apply - 25-Word Declaration

"I am chosen by God, called out of darkness into His marvelous light, and I walk as His royal priesthood today."

Proclaim - Prayer

Father, I thank You that I am chosen - not by chance but by Your sovereign love. I confess the times I have lived as if I were forgotten or overlooked. Today I receive my identity as Your special possession. Send me into this day with the confidence of one who is deeply loved. In Jesus' name, Amen.

Journey Notes - Day 1

Scripture Notes

What stood out to you from today's reading?

Call to Action

How will you apply this truth today?

ACTS Prayer

Adoration · Confession · Thanksgiving · Supplication - Write your own ACTS prayer below.

Fearfully & Wonderfully Made

Read

"Thank you for making me so wonderfully complex! Your workmanship is marvelous - how well I know it."

- Psalm 139:14 (NLT)

God didn't mass-produce you. He crafted every detail of your being with intentionality and wonder. The enemy wants you to see flaws; God wants you to see a masterpiece. Today, choose to agree with your Maker.

Apply - 25-Word Declaration

"I am fearfully and wonderfully made by God. His works are wonderful, and I am one of them."

Proclaim - Prayer

Lord, I praise You for the way You made me. I confess that I have criticized Your craftsmanship when I criticized myself. Thank You for forming me with purpose and precision. Help me to see myself through Your eyes today. Amen.

Journey Notes - Day 2

Scripture Notes

What stood out to you from today's reading?

Call to Action

How will you apply this truth today?

ACTS Prayer

Adoration · Confession · Thanksgiving · Supplication - Write your own ACTS prayer below.

A New Creation

Read

"This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!"

- 2 Corinthians 5:17 (NLT)

Your past does not define you - Christ does. The moment you placed your trust in Him, the old version of you was buried. What remains is a new creation, empowered by the Spirit and destined for glory. Stop visiting the graveyard of your old life.

Apply - 25-Word Declaration

"I am a new creation in Christ. The old has gone, the new has come, and I live in that newness today."

Proclaim - Prayer

Jesus, I thank You that in You I am made brand new. I confess that I sometimes return to old patterns and old identities. I am grateful that Your mercies are new every morning. Empower me to walk in this newness with boldness and freedom. Amen.

Journey Notes - Day 3

Scripture Notes

What stood out to you from today's reading?

Call to Action

How will you apply this truth today?

ACTS Prayer

Adoration · Confession · Thanksgiving · Supplication - Write your own ACTS prayer below.

Appendix A - Scripture Index

Sample - Days1-3

1 Peter 2:9 (NLT) - Day 1: You Are Chosen

Psalm 139:14 (NLT) - Day 2: Fearfully & Wonderfully Made

2 Corinthians 5:17 (NLT) - Day 3: A New Creation

Appendix B - Topic & Emotional Index

Sample - Days1-3

Identity in Christ

Day 1: You Are Chosen - 1 Peter 2:9 (NLT)

Day 2: Fearfully & Wonderfully Made - Psalm 139:14 (NLT)

Day 3: A New Creation - 2 Corinthians 5:17 (NLT)

About the Author

George "Modavador g" Salter

Founder & Executive Director - StoryGlory Foundation

George Salter - known in ministry circles as "Modavador g" - is a servant-leader, author, and the visionary behind the RAP ASSIST platform and the StoryGlory Foundation, a 501(c)(3) nonprofit ministry.

After years of walking through his own seasons of distress, George developed the R.A.P. framework - Read. Apply. Proclaim. - a practical method for encountering God's Word at the point of deepest need and emerging with a testimony to share.

His mission is simple: meet people where they hurt and guide them through Scripture until they can declare God's story for His glory. The 31-Day Devotional is the first published fruit of that calling.

"And they overcame him by the blood of the Lamb and by the word of their testimony."

- Revelation 12:11a (NLT)

You've Just Begun

You've experienced 3 of 31 powerful days of Reading, Applying, and Proclaiming God's Word. The full devotional covers five transformational weeks:

- **Week 1: Identity in Christ**
- **Week 2: Peace & Surrender**
- **Week 3: Purpose & Calling**
- **Week 4: Boldness & Proclamation**
- **Bonus: The Commission**

"Your word is a lamp to guide my feet and a light for my path."

- Psalm 119:105 (NLT)

Get the full 31-Day Devotional at rapassist.org

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